

Creating Brave Spaces: Guidelines for Education, Nurse Practice, and Stakeholder Convening

Hannah Hermanson, ForHealth Consulting at UMass Chan Medical School and Fawzi Belal, Washington Center for Nursing

The Role of Safe Space in Brave Space

1. **Safe Spaces** provide a sense of security and comfort, but they can sometimes unintentionally limit the scope of discourse and hinder genuine growth and understanding.
2. **Brave Spaces**, on the other hand, challenge individuals to confront discomfort and engage in critical conversations that address systemic injustices and promote social change.
3. **Engaging in Brave Spaces** requires individuals to **acknowledge their own privilege, listen to diverse perspectives**, and be **willing to be accountable** for their actions and words.
4. **The goal of Brave Spaces** is not to silence or shame but to foster respectful and constructive dialogue that encourages personal growth and dismantles oppressive structures.

The Pillars of Brave Spaces



- ✓ **Safe Spaces** prioritize safety and caution in discussion.
- ✓ **Brave Spaces** prioritize having tough conversations within established guidelines.
- ✓ **Brave Spaces** does NOT shy away from conflict.

Together we will create *brave space*
Because there is no such thing as a "safe space" —
We exist in the real world
We all carry scars and we have all caused wounds.
In this space
We seek to turn down the volume of the outside world,
We amplify voices that fight to be heard elsewhere,
We call each other to more truth and love
We have the right to start somewhere and continue to grow.
We have the responsibility to examine what we think we know.
We will not be perfect.
This space will not be perfect.
It will not always be what we wish it to be
But
It will be *our brave space together, and*
We will work on it side by side.

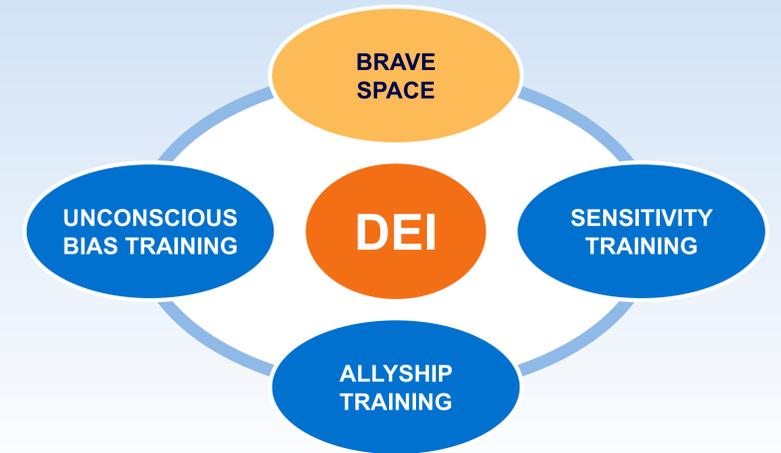
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WCN Brave Spaces Guide



The Types of DEI Tools and Practices



When to Use the Brave Space Toolkit

1. When conversations require understanding of diverse perspectives.
2. Conversations on complex issues.
3. Conversations that are avoided due to fear of exacerbating situations.
4. Crucial conversations that confront high stakes and contentious issues openly.

Preliminary Steps	<ul style="list-style-type: none"> • Welcoming and check in. Refrain from diving straight into the conversation. • To foster respectful and productive dialogues on race, it is vital to delineate some rules.
Engage in Discussion	<ul style="list-style-type: none"> • Start discussions about race by using a thought-provoking quote.
Concluding the Dialogue	<ul style="list-style-type: none"> • Ensure the dialogue adheres to a preset duration. • Keep time for reflections at the end.