

Belonging in Nursing: An Interactive Conversation on BIPOC Nurse Experiences

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Background

- **800,000 nurses are planning to leave their job** in the next four years
- **Nearly half of nurses say** there is “a lot” of racism in nursing
- **56% of nurses say racism in the workplace** has **negatively impacted** their professional well-being
- **63% of nurses have personally experienced racism** in the workplace



Definitions

BIPOC	An acronym for Black, Indigenous, People of Color
DEI	An acronym for Diversity, Equity, and Inclusion
Diversity	A variety of racial identities or characteristics (e.g., African Americans, Native Americans, Latinx). Diversity is a quantitative measure of representation.
Equity	Ensures that outcomes in the conditions of well-being are improved for marginalized groups, lifting outcomes for all. Equity is a measure of justice.
Inclusion	The measure of the quality of representation, such as full access, authentic representation, empowered participation, true belonging and power-sharing. Inclusion is a qualitative measure of representation and participation.

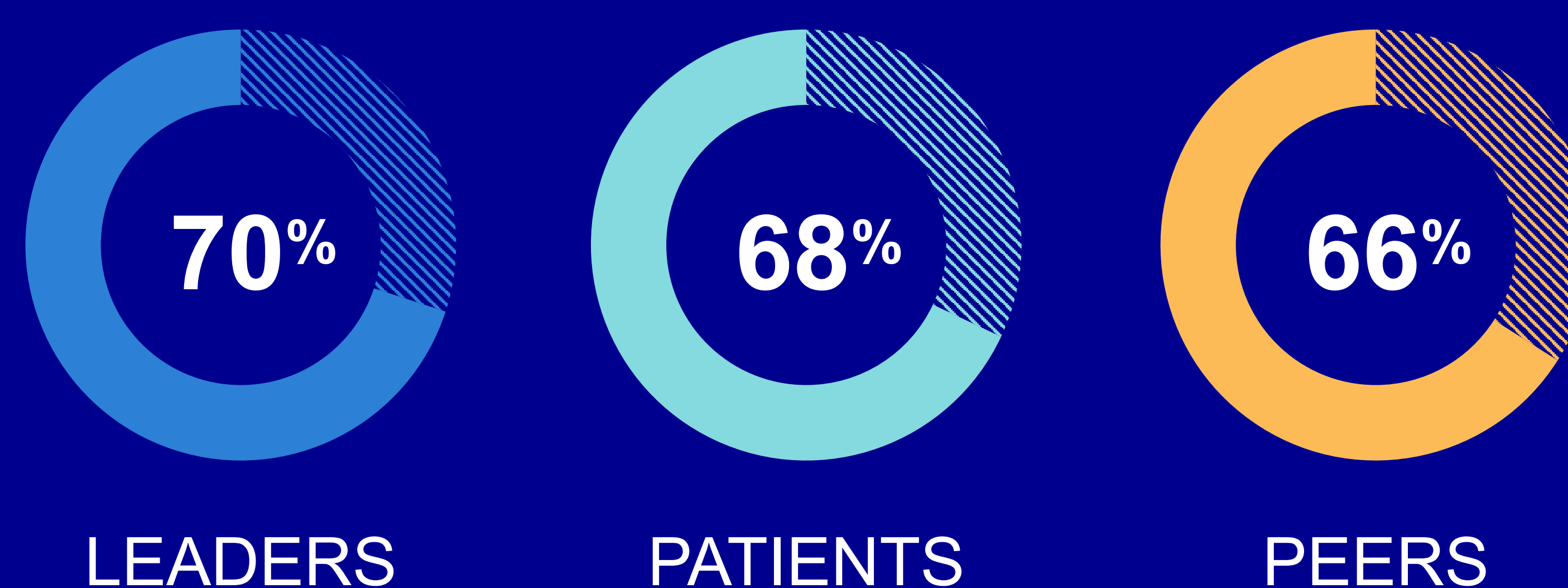
Defining Belonging

“Having a meaningful voice and the opportunity to participate in the design of political, social, and cultural structures that shape one’s life – the right to both contribute and make demands upon society and political institutions.” – Othering & Belonging Institute

Racism’s Impact on Nursing

- ✓ The impact of COVID-19 is still being felt across health care organizations. As our society changes, it emphasizes the need to **reimagine** how we approach **retention strategies**.
- ✓ Instead of thinking **locally** in terms of incentive programs, **we need to think from a structural perspective**.
- ✓ BIPOC Nurses who feel supported in their organization lead to **increased provider satisfaction** and may result in **improved health care outcomes** for their patients.

Black Nurses say they experience racist acts from:



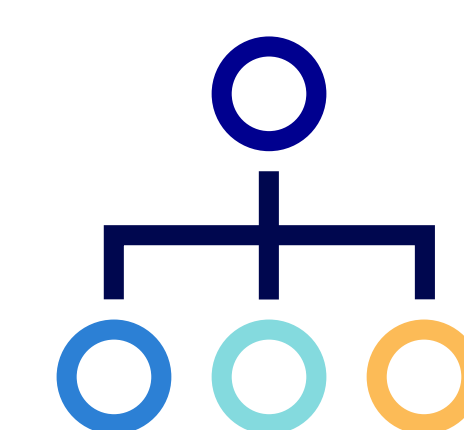
Strategies to Promote Belonging

Washington State Center for Nursing created BIPOC Nurse Spaces with the following goals:

- Create a **safe and brave space** for people of **color** in nursing in Washington state
- **Validate experiences** and keep the BIPOC nursing community connected
- **Tackle issues that impact** the BIPOC nursing community in Washington state
- **Support each other** and common interest in DEI for the Washington state nurse workforce

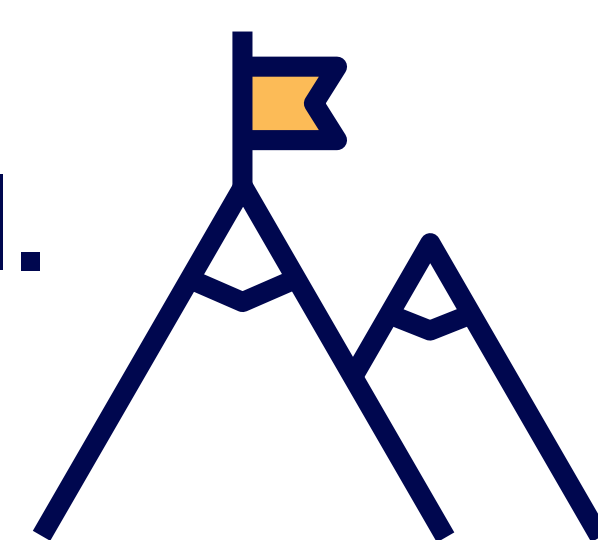
Conclusion

- Diversity, equity, and inclusion efforts should lead to **increased belonging within the workforce**
- DEI efforts should address the following four areas of work: **awareness, knowledge, skills, process**



Belonging is the end goal.

Compassion is the path forward.



References:

1. The Othering & Belonging Institute – <https://belonging.berkeley.edu/>
2. National Commission to Address Racism in Nursing: Racism’s Impact in Nursing Report – <https://www.nursingworld.org/~49c4d0/globalassets/practiceandpolicy/workforce/commission-to-address-racism/racism-in-nursing-report-series.pdf>
3. Race Forward – <http://www.raceforward.org/about/what-is-racial-equity-key-concepts>



What does Belonging mean to you?

